

# MADISON COUNTY COVID-19 COMMUNITY RESOURCES

## MENTAL HEALTH

### Talk Helplines:

Touchette Regional Hospital  
CALL4 CALM  
Illinois Warmline  
Regional Disaster Mental Health Volunteer  
National Suicide & Veterans' Lifeline

### Community Mental Health Agencies

Centerstone of Illinois, Inc.  
Chestnut Health Systems

### Mental Health Crisis Lines

Centerstone  
  
Chestnut

### Behavioral Health Hospital Care

Alton Memorial BJC  
Gateway Regional Medical Center  
  
OSF Healthcare Saint Anthony's  
  
Touchette Regional Hospital

### Specialized Service Agencies

Heartlinks-Grief & Loss  
Refuge 4 Kids-Child Trauma

### Support Groups

Centerstone of Illinois Inc.  
Heartlinks Grief Center  
National Alliance for the Mentally Ill (NAMI)  
Karla Smith Behavioral Health  
St. John's Community Care

## RESOURCE

Mental Health & Support Line  
COVID-19 Emotional "TEXT" Support  
Mental Health Challenges Support  
Medical & First Responder Support Line  
Suicide Prevention & Support

Open Access Services: Telehealth-Virtual  
Central Access Services: Telehealth-Virtual

24/7 Adult Crisis Line  
24/7 SASS Child & Adolescent Crisis Line  
24/7 Adult Crisis Line

Senior Renewal Inpatient and Outpatient Care  
Behavioral Health Services Psychiatric Child & Adolescent  
Adult and Geriatric Inpatient Services  
Psychological Services-Employee Assistance  
Tele-Health or Personal Visits (social distancing)  
Parenting Support Online  
Inpatient Services  
Intensive Outpatient Services, Alton, IL

Virtual Counseling Children & Adults & Support Groups  
Telehealth Supporting Children & Families

Parent Support  
Virtual Support Meetings  
NAMI Connection Recovery Support Groups -Ages 18+  
Healthcare Professional Online Support Group  
Alzheimers Support Group -Online ZOOM  
Family Caregiver Support Group-Zoom

## CONTACT INFORMATION

618-482-7158  
Text "TALK" or "HABLAR" to 552020  
1-866-359-7953  
618-381-5173  
1-800-273-8255

618-462-2331  
618-877-4420

618-462-2331  
618-462-2331  
618-877-0316

618-463-7895  
618-798-3888  
  
618-474-6240

[www.osfsilvercloudhealth.com](http://www.osfsilvercloudhealth.com)  
618-332-4038 24/7 Referral Line

618-277-1800 support@myhearts.com  
618-251-9790 Ext. 203

Centerstone.zoom.us/j/638185123 or call 888-475-4499or 977-853-5257

ZOOM Virtual Meeting RSVP: namiswi2019@gmail.com  
<https://karlasmithhealth.org>  
[gshaw@stjohnsxx.org](mailto:gshaw@stjohnsxx.org)  
[srhodes@stjohnscc.org](mailto:srhodes@stjohnscc.org)

# MADISON COUNTY

## COVID-19 COMMUNITY RESOURCES

### ADDICTIONS-SUBSTANCE USE

Substance Use-Illinois Helpline  
Amare NFP  
Riverbend Family Ministries-Wood River  
12 Step Support Groups  
Alcoholic Anonymous

Narcotics Anonymous

SMART Recovery  
Gambling Addictions

Opioid Use Disorder or Other Substance Abuse  
Peer Led Recovery, Support services 24/7  
Youth and Recovery Groups

Support Information  
Virtual Meetings  
24 Hour Helpline  
Virtual Meetings  
Zoom Virtual Meetings  
Resources & Treatment Services in Your Area

1-833-2-FIND-HELP  
618-741-7669  
[618-251-9790](tel:618-251-9790)

<https://www.aa.org>  
<https://aastl.org/wp-content/uploads/2020/04/STL-Virtual-Mtgs-4-10-20-1145.pdf>  
314-830-3232  
<https://metroeastnapr@gmail.com>  
<https://www.smartrecoverytest.org/local/>  
[1-800-GAMBLER](tel:1-800-GAMBLER) or [weknowthefeeling.org](http://weknowthefeeling.org)

### Treatment Services

Centerstone of Illinois, Inc.  
Chestnut Health Systems

Addiction Outpatient Services  
Addiction Outpatient Services  
Maryville Adolescent Addiction Treatment Center

618-462-2331  
618-877-4420  
888-924-3786

Mental Health Resource Information  
Madison County Mental Health Board

Covid-19 Mental Health Services & Support Updates

Information Specialist 618-296-4357 <https://Facebook.com/co.madison.il.us>

### DOMESTIC VIOLENCE

Oasis Women's Center  
Illinois Department of Human services  
National Domestic Violence Hotline

Emergency Shelter Women & Children  
Domestic Violence and/or Abuse  
To speak with a trained professional

618-465-1978  
1-877-863-6338  
Text LOVEIS to 22522 or [www.thehotline.org](http://www.thehotline.org)

### INTELLECTUAL & DEVELOPMENTAL DISABILITIES

Illinois Department of Human Services

For Inquiries about available services  
Division of Rehabilitation Services

1-888-337-5267 or visit <http://www.dhs.state.il.us.page.spx?item=32253>  
1-877-581-3690 or [drs.illinois.gov](http://drs.illinois.gov)

### PHYSICAL DISABILITY SERVICES

### FOOD, CASH OR MEDICAL BENEFITS

Catholic Charities Granite City & Alton

The Guardian Food Pantry-Open Wed & Fridays 12:30-3:30  
Other Services by Appointment Only  
Pre-Package Food Pantry Sites:  
Alton Corps Community Center, 9:00 am-11:00 am  
Granite City Corps Community Center, 1:00 pm-2:45 pm  
Drive Thru Food Pick Up, Tuesday & Friday 9:00 am -12:00 pm  
Food & Resources  
Food , Cash, or Medical Benefits  
Food Banks Information  
Triaging food, shelter, utilityand temporary shelter needs

618-462-0634

618-465-7764

Salvation Army

The Community Hope Center-Cottage Hills  
AltonWorks  
Illinois Department of Human Services  
USDA/FNS  
Riverbend Family Ministries-Wood River

618-259-0959  
618-433-9214 Press 1 to Donate; 2 Help last name A-M, 3 Help last name N-Z  
1-833-2-Find-HELP or <https://www.dhs.state.il.us/page.aspx?item=123529>  
[www.illinoisfoodbanks.org/sites.asp](http://www.illinoisfoodbanks.org/sites.asp)  
[618-251-9790](tel:618-251-9790)

**MADISON COUNTY  
COVID-19 COMMUNITY RESOURCES**

STL United Way

Ongoing List of Illinois Covid -19 Resources

Call 2-1-1 or call 1-800-427-4626 or visit [211helps.org](http://211helps.org)

**CHILDCARE**

Child Care Resource for Essential Employees

1-888-228-1146 or [www2.illinois.gov/sites/OECD/Pages/For-Communities.aspx](http://www2.illinois.gov/sites/OECD/Pages/For-Communities.aspx)

**RENT, HOUSING & SHELTER**

Catholic Charities  
Madison County Community Development  
Madison County Partnership to End Homelessness  
Shelter

Rental Assistance  
To get funding to assist. Check in for updates  
Homeless Resources  
Emergency Lodging  
Emergency and Transitional Provider Housing List

618-462-0634  
618-692-8940  
618-296-4394  
1-833-2-FIND-HELP  
Visit: [housingactionil.org/get-help/resources-homeless](http://housingactionil.org/get-help/resources-homeless)

**UTILITIES**

Ameren  
UHEAP  
WNCF  
American Water

Payment assistance  
Low Income Home Energy Assistance  
Moderate Income-Warm Neighbors Cool Friends  
Temporarily suspended water shut off & late fees

[AmerenIllinois.com/WaysToPay](http://AmerenIllinois.com/WaysToPay)  
1-877-411-9276 or [ILHEAPIllinois.com](http://ILHEAPIllinois.com)  
1-888-690-5700 or [WarmNeighborsCoolFriends.org](http://WarmNeighborsCoolFriends.org)  
1-800-685-8660