

HELP IS HERE.
ARE YOU READY?

**CENTER FOR BEHAVIORAL AND
ADDICTION MEDICINE**
WARM HAND OFF PROGRAM



You do not need to walk alone.

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Warm Hand-Off Program

- Provides patient access to Peer Recovery Specialists 24 hours a day
- Patient centered sustainable treatment planning
- Linkage to treatment and other community services
- Patient, family and staff education

Alton Memorial Hospital Center for Behavioral and
Addiction Medicine: 618-463-7780

Southern Illinois Healthcare Foundation: 618-463-5905
Chestnut Health Systems: 618-877-4420 or 618-877-0316

Centerstone: 618-462-2331 or 618-465-4388

Gateway Foundation Alcohol and Drug Treatment: 877-505-467

Alcoholics Anonymous Meeting Locator: 800-307-6600 or 314-647-3677

Narcotics Anonymous Metro East: 618-398-9409

Celebrate Recovery: celebraterecovery.com

Smart Recovery: smartrecovery.com

REFUGE: refugerecovery.org

National Suicide Prevention Line: 800-273-8255